

 **GRÄCHEN**
St. Niklaus



Family-Time

Make the best of
your time here

Holiday fun for
young & old

Erlebnisbank _
RAIFFEISEN Mischabel-Matterhorn

Small. But mighty. [graechen.ch](https://www.graechen.ch)

Your Family Time in Grächen

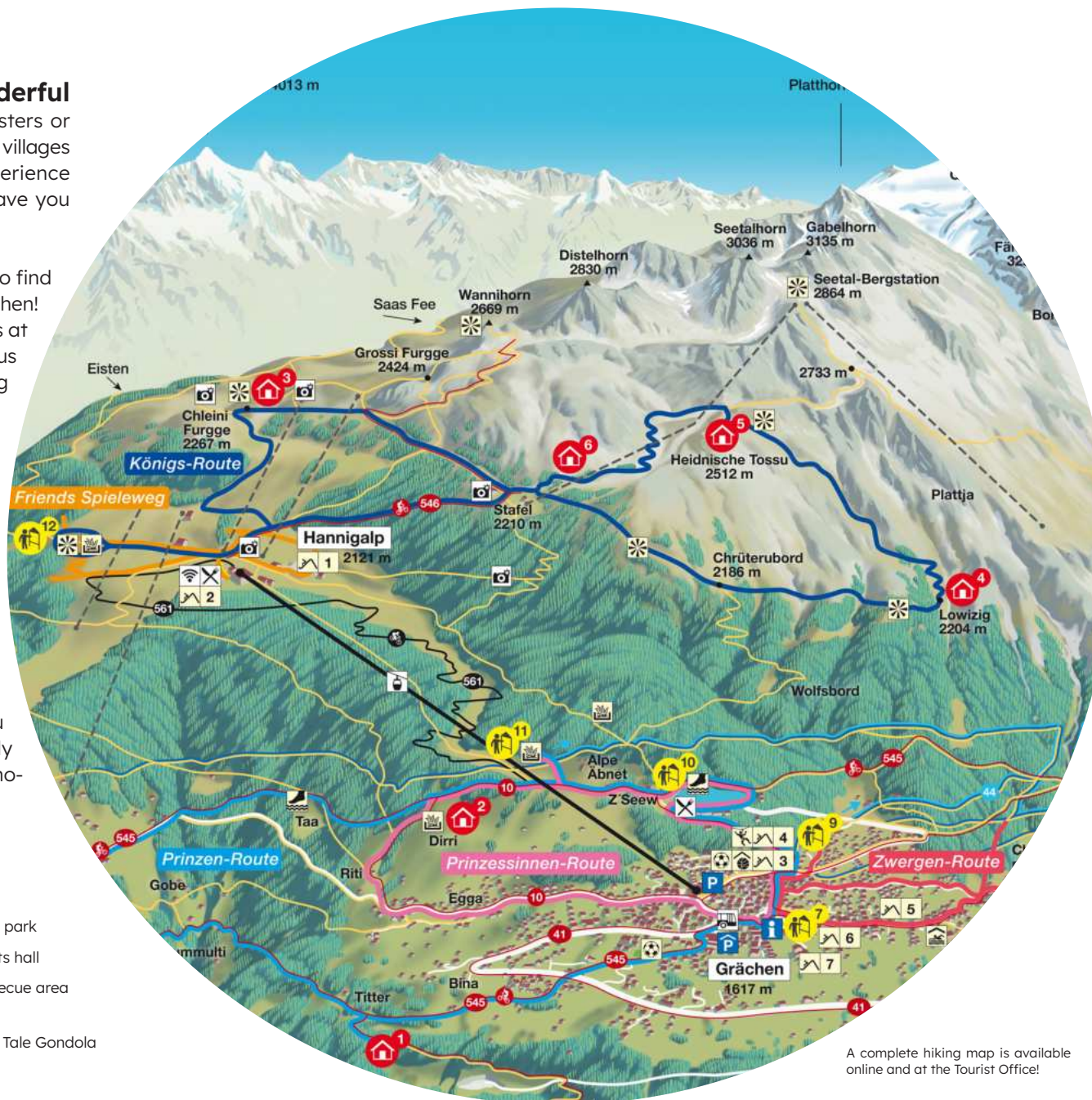
What you can discover?

Enjoyable, wild and wonderful

Passionate hikers, playful youngsters or water lovers: In one of the sunniest villages in Switzerland, families can experience numerous highlights! Great to have you here!

All fresh-air fans are guaranteed to find what they are looking for in Grächen! With us, you'll spend your holidays at an idyllic natural lake, in adventurous play parks or on breathtaking hiking trails. And you'll get to relax at one of the numerous picnic and barbecue areas. Practise your skills and creativity with exciting outdoor games. Try out new things together! On your hikes, you will get to know the flora and fauna of the region. With a bit of luck, you will also be able to observe the local wildlife. On the pasture or in the wild - Hérens cows, llamas, black-nosed sheep, ibexes and marmots will marvel at you with interest. During your Family Time in Grächen, you'll make memories that last!


-  Viewpoint
-  Kneipp
-  Climbing park
-  Rope park
-  Sports hall
-  Barbecue area
-  Tourist Office Grächen
-  Fairy Tale Gondola



- Dwarf's route** 1h
- Princess's route** 1h 30
- Prince's route** 2h 30
- King's route** 5h

Ravensburger games paths: A games passport/-rucksack can be obtained from the Tourist Office (deposit).

SiSu & Friends Game Trail 0h 30

-  **Games huts**
- 1** Puzzle
- 2** Sagaland
- 3** Coppit (Catch the hat)
- 4** tiptoi®
- 5** Hidden object pictures
- 6** Exit Room

-  **Play stations**
- 7** Insects
- 8** Turning stone
- 9** Butterflies
- 10** Mountain fauna
- 11** Humming stone
- 12** Mountain world
- 13** Flora

-  **Play parks**
- 1** Hannigalp playground
- 2** Wolkenland indoor playground
- 3** Robi's forest play park with rope park
- 4** Indoor rope park
- 5** Toddler playground Heimibodo
- 6** Playground Pfarreigarten
- 7** School playground
- 8** Playground Schalbettu

A complete hiking map is available online and at the Tourist Office!

SiSu's home

Home of the snowbird SiSu

No one knows the region as well as the colourful Grächen mascot. Early in the morning, when the mountain peaks glow and the mountain world slowly awakens, SiSu likes to sneak up the mountain with his friends. That's when they have the best chance of spotting wild animals. They also enjoy spending a lot of time together by the magic water. The cool temperatures in the shady larch forest are particularly pleasant on hot days.

They meet up to play and really let off steam in Robi's forest play park and at the sports centre. Their favourite way to go hiking is with the Ravensburger Spielweg play backpack. There are play stations and play huts to discover on the four different routes. And when they need a breather, they can take the SiSu & Friends or fairytale gondolas up to Hannigalp and listen to one of the fairytales or stories. They can let off steam in the family park and in the SiSu Wolkenland indoor play ground. If they still haven't had enough, they can bravely ride their bikes down the flow trail from Hannigalp to Grächen.

Since SiSu, our cool snowbird, has transformed, he has made lots of new friends! When you're in Grächen, you can spot them everywhere - they're really out and about! So, keep your eyes and ears wide open and get ready to meet SiSu and his funny friends!



More info



Event-Tip: SiSu family party

SiSu & Friends game trail

Hey, adventurers big and small, join SiSu and his friends on an exciting journey and get to know his home. Set off on a huge fun adventure around the Hannigalp. There's something wonderful for everyone to discover here. Climbing, brainteasers, testing your balance, finding a good eye for the target throw and swinging into the clouds. It's even more fun together.



More info



Discover the five cool play stations waiting for you! Let the adventure begin!
Post 1: SiSu's XXL water ball track
Post 2: Loni's & Felix Gigampfa with ball game
Post 3: Target throw into Lucky's giant cap
Post 4: Läx' climbing den
Post 5: Meindi's und Bella's Forest Bingo

The fun wooden balls are available from the Tourist Office and the Hannigalp family mountain restaurant.

You can find your tour plan on the following pages..

SiSu & Friends game trail



Post 5



Post 3



Post 2



Post 1



Family mountain restaurant



SiSu to colour in



SiSu's riddle

Get ready for a mysterious journey and find the nine colourful XXL SiSu figures.

In Grächen and on the Hannigalp, you will solve each puzzle together. You will enjoy some exercise in the fresh air and discover some of SiSu's favourite places. With the solution in your hands, you can proudly return to the tourist office and collect your well-earned prize.

So, are you ready for an exciting puzzle tour that will take you through the village, to the cosy Bärnji Alp restaurant and up to 2,000 metres above sea level? It's not just high up here, it's also really tricky! A secret mission awaits you on the Hannigalp: you have to find hidden letters between the family mountain restaurant and the family park. Each letter is part of the puzzle that brings you closer to a secret word.

Open your eyes, sharpen your senses and get ready, because this tour will not only make your legs smoke, but also your heads! Who knows, you might even discover a secret or two on the Hannigalp. Have fun solving the riddles!



For little sleuths and big explorers.

No matter how young you are, SiSu's riddle is for all children who love adventure, want to learn about animals and discover something new in nature.



More info



SiSu's riddle

On a puzzle hunt with SiSu – are you ready for the adventure?

Nine giant XXL SiSus are hidden in Grächen and on the Hannigalp. Each one has an exciting puzzle waiting for you. Solve all the riddles, collect the nine letters and find the secret solution word. Then head to the Tourist Office – your prize is waiting for you there!



Solution word

1	2	3	4	5	6	7	8	9
---	---	---	---	---	---	---	---	---

Bärgji-Alp

Family mountain restaurant Hannigalp

Hannigalp family park

Glacier Sport

Sports centre

Schwalbennest

Family Hotel & Spa Desirée

Weisshorn

Center Shop

Questioning Trail Quiz Edition

Exciting estimation questions

The lovingly designed themed trail leads you to numerous question marks where you can find answers together. An adventure that will awaken your spirit of discovery and quench your thirst for knowledge. This entertaining circular trail offers family fun for body, mind and soul.

Scan the QR code on the question mark and be surprised.

More info



TIP: Even more hiking fun at a special price!

SiSu family package

Discover the Alpe Jungen and play at the refreshing mountain lake. Get ready for an exciting adventure! The ride on the St. Nikolaus - Jungen aerial cableway is a magical experience for the whole family. When you board the Jungen cable car, the journey to the heights begins and you'll be amazed at what you see. A magical world full of surprises awaits you at the top of the Jungen Alp. Here you have a breathtaking view of Grächen, the Mattertal valley and the majestic mountain world with the Weisshorn, Bis horn and Brunegghorn. It feels like you're in the middle of a picture book. So let yourself be enchanted - an unforgettable family adventure awaits you!

More info



Treasure hunt

Romp and relax

Lace up your comfortable shoes and off you go on this varied tour with lots of exciting discoveries. Grab the treasure map and find the right key.

Your treasure hunt takes you along the Suonen and through the refreshing larch forest. You trudge across lush meadows to Alpe Äbnet and the natural lake. You discover various play stations at the Chilcheri and Eggeri bisses, romp, picnic, marvel and relax.

More info



Pay attention along the way and collect the correct answers at the stations. You will find 8 stations where you have to answer a question. When you come to a station, write the answer in the boxes below the question. Use one box for each letter. For the solution word, take the letters with a thick black border from the answers and place them in the boxes provided below. At the end of the treasure hunt, your path will lead you directly to the treasure chest. This is waiting for you in the valley station (gondola access area). Use the correct solution code to open the treasure chest and choose your favourite prize.

You will find your treasure map on the following pages.



Nässju

Matte

Steinel

Z'Seew

Grächen

Meisu

Im Loch

Legend

Stations

Highest point: 1785 m above sea level.
Lowest point: 1616 m above sea level.

Tourist Office

Opening hours at grachen.ch

Distance & duration

4 km | 1.5 h

Station 1: What is the woman sculpture in front of the sports centre made of?

			1		
--	--	--	---	--	--

Station 2: What is written on the wooden sign with a rope attached to it?

--	--	--	--	--	--	--	--	--	--	--	--

Station 3: What does the sign on the stone say under the word „Quellfassung“?

		5									
--	--	---	--	--	--	--	--	--	--	--	--

Station 4: How many notches are on the wooden sign that says „Eggeri“?

		6		
--	--	---	--	--

Station 5: How many buildings are there in this clearing?

			7		
--	--	--	---	--	--

Station 6: What does the sign on the cube-like red stone say?

			8								

Station 7: What is the name of the grotto written on the wooden sign?

					4		
					3		

Station 8: What colour is the tunnel of the miniature golf courses ninth hole?

			2	
--	--	--	---	--

Solution code für Grächen

1	2	3	4	5	6	7	8
---	---	---	---	---	---	---	---

Robi's leisure park

Playing fun on over 2000m²

Robi's forest play park makes the hearts of small and big children, certainly yours too, beat faster. In the cool shade of the trees, they romp, slide and play for all they're worth. Fly through the treetops on the zip lines, go on an adventurous treasure hunt in George's mine or watch and stroke cute animals in the wildlife enclosure.

And thanks to the great barbecue and picnic areas, even the grown-ups can relax with a cool drink. Refreshments, snacks or barbecue food are available at the forest kiosk.

Experience full playing fun with slides, little houses and caves, carousel, climbing in the rope park, playing mini-golf or watching and stroking animals and much more.



If the nice weather takes a break, you can simply let off steam in the indoor children's playground (sports centre).

It's the ideal place for fun and games, while parents can relax with a drink.

A large bouncy castle, bobby cars, various playhouses, table football, pool table, boulder walls and LOTS of space to play.



More info



Animal experiences

Wildlife observation

The diversity of Switzerland's landscapes is matched by the diversity of its wildlife. Early in the morning, when the mountains slowly awaken, you have the best chance of spotting wild animals. Take a closer look and you might spot a marmot or an ibex travelling in the mountains. But you can also find typical Valais animals in the meadows, such as the funny black-nosed sheep and the ambitious Ehringer cows. An adventure in nature awaits you!



Tip: Wildlife watching with a rich breakfast

Accompanied by a local gamekeeper, you will explore exclusive spots where chamois, marmots and ibex can be found. You will also learn more about the local animal species and the correct behavior when observing wildlife. Afterwards, you will enjoy a hearty breakfast in the Hannigalp family mountain restaurant.

More info



Llama trekking

Experienced in the company of a trained hiking guide, experience an excursion alongside the lovable llamas. The camelids, which originate from South America, are extremely sensitive and hiking with them is great fun. The herd animals are very attentive, careful and gentle. Get to know the llamas and if you like you can stroke and brush them. From hourly excursions to day trips with an overnight stay in a tipi - everything is possible.

Vita-Parcours & playgrounds

Hiking & Fitness fun

Challenge yourself with the various strength and balance training sessions. As you make your way through the shady Grächen larch forest, you will pump your body full of oxygen and work your muscles with the numerous sporting activities on offer along the 5-kilometre course. The varied route with easy ups and downs leads you along the refreshing bisses to the unspoilt mountain lake.

An almost 2 km long route starts at the sports ground in St. Niklaus and leads you back to the starting point as a circular route. The local forest offers plenty of sporting activities and variety. You will master this challenge with muscle power and concentration.



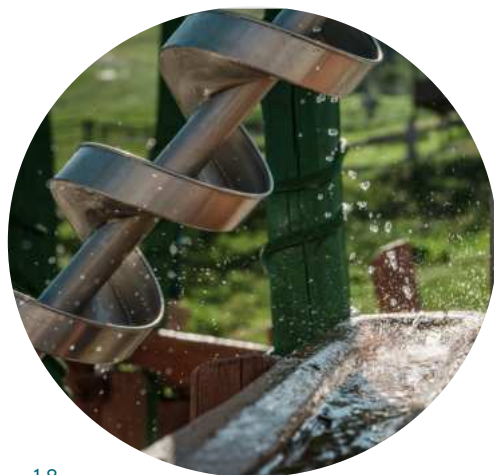
More info



Between the peaks

On the Hannigalp you can really let off steam in the fresh air. The outdoor playground in the family park ensures a playful and action-packed time. **The family park** is a colourful children's wonderland with fun and lots of exercise.

More info



Playgrounds

Colourful fun in the village

In the centrally located **playgrounds in the parish garden** and **at the school building**, you will discover swings, climbing equipment, a sandpit and a large stand-up memory game. You can practise your tactics on a giant chessboard with 16 pieces. After the game, shady rest areas with cosy benches invite you to linger - a real treat, especially on sunny midsummer days.



More info



The youngest adventurers get their money's worth at the **Heimibodo toddler playground**. Idyllically situated in the middle of the mountains, the play paradise can be reached by pushchair at any time. In the colourfully fenced area, the little ones balance and climb over the play equipment, and you can enjoy the cool water from the hand water pump with water pipes together. Here you will also find a slide, fun balancing and climbing facilities especially for toddlers.

Photo trail

Perfect photo points

Discover the local mountain world on this varied circular tour and make photo stops on the XXL swing or sit in the XXL photo frame at the Stafelbar.



Tip:
Photo trail "Summer Edition"



Welcome to the magical backdrop! Here, where the landscape is like something out of a storybook, choosing the perfect photo spot can be a challenge. But don't worry! We've put together the ultimate photo trail for you. Follow the magical path and you'll enjoy the spots and the views. The particularly photogenic spots will make you and your holiday photos shine - perfect for your photo album or Instagram.

XXL-Game fun on the Hannigalp

KOOR Alpine Games

Play a duel, for example on the new pétanque court! The Hannigalp is a great place to play. With the trendiest outdoor games from the trendy KOOR brand, unlimited fun in the great outdoors awaits you. Test your skills at Viking chess or face the creative challenge of the Leikki throwing game together. How about cornhole or giant Mikado? And the best thing of all: these games are available to you completely free, free of charge, for nothing, for zero francs!



More info

XXL-marble runs

You will discover a highlight right next to the sun terrace of the Hannigalp family mountain restaurant. Let the wooden marbles with the SiSu's Friends Collection imprints whizz down the track and listen to the sound of the bells. Race to see which marble reaches the finish line first after 15 metres. If that's not enough for you, then head to the XXL water marble run in the family park. It's a fun way to cool off.

New: Make sure you also get to know the Gigampfa with marbles game by the fire pit (family park). The fun wooden marbles are available from the Tourist Office and the family mountain restaurant.

Water fun & games

Playful Kneipp enjoyment

Natural applications maintain health and wake you up more quickly in the morning. Children's heat balance reacts more sensitively than that of adults. Carefully increase the level of stimulation (duration and cold) and keep a close eye on your child's reaction. With water treading facilities, arm baths, dry pools with pebbles and benches, the Kneipp gardens by the lake and Taa promote active relaxation. In the neighbouring village of Gasenried (Schalbetten, near the Riedbach stream) there are two arm pools and a water treading facility. On the opposite side of the valley, by the mountain lake on Alpe Jungen, there is another water treading facility.



More info



Tip: Suonen hikes



Magic water

In summer, our mascot SiSu also spends a lot of time with his friends at Grächen's magic water. Surrounded by unspoilt nature and a magnificent mountain backdrop, the water from the imposing Ried Glacier flows through the Eggeri, Chilcheri, Drieri and Bineri irrigation channels and brings the cool water to the meadows. Varied hikes along the bisces have many surprises in store. The tours mostly run through the shady larch forests, where chill-out areas and play islands invite you to relax and enjoy the experience.

Family bike tours

Grächen Loop

This circular tour is a great way to get to know Grächen. The route can be adapted to your needs, as you can choose between the long and the short round tour. Maximum flexibility for an unforgettable biking experience!



More info

Flowtrail

The Grächen Flowtrail is the perfect route for bike fans of all ages! Once you arrive at 2124 metres above sea level, get ready for the five-kilometre downhill adventure that you won't soon forget. Once you reach the bottom, it's best to head straight back up again.



Pumptrack

On the Hannigalp, you'll be doing winding laps. Coordinated movements will help you find your pace and the right riding level. The pump track offers you dizzying riding fun.

NEW! Bike park

On your marks, get set, action! In the new bike park on the Hannigalp, technique and concentration are required - and you're guaranteed to get an absolute adrenaline rush.

Hidden object Grächen



Some of SiSu's friends are hiding in this colourful puzzle game. Help SiSu look for them and find the 5 hidden animals:

- Felix**, the rabbit
- Bella**, the deer
- Lucky**, the black-nosed sheep
- Läx**, the squirrel
- Meindi**, the bear

Events for the whole family

Make a note of these mega dates for your fun moments together:

- SiSu Family Festival** 13.07.
- Comedy Night** 29.07.
- Cabaret Festival** 06.08.
- SiSu Chalk Festival** 28.09.

More info



Experience the great flair of the promenade stage or turn the whole village into your own personal playground. Here you will find entertainment at its best and plenty of unforgettable moments of happiness. Don't miss out on these fantastic event times for young and old. Come along and bring your friends and family!



Outdoor Escape Games

Ready for your adventure?

Pack up your friends or family and embark on an interactive adventure together in the open air! Here you can solve tricky puzzles, face exciting challenges and enjoy the freedom of nature - all in the midst of a breathtaking mountain backdrop. Unlike classic escape rooms, this is not about confined spaces, but about fresh air, adventure and teamwork. You pass through various stations, decipher the puzzles together and move step by step towards the goal. Each of you contributes your own strengths - so solving the tasks becomes a real team experience.



More info



Hannigalp

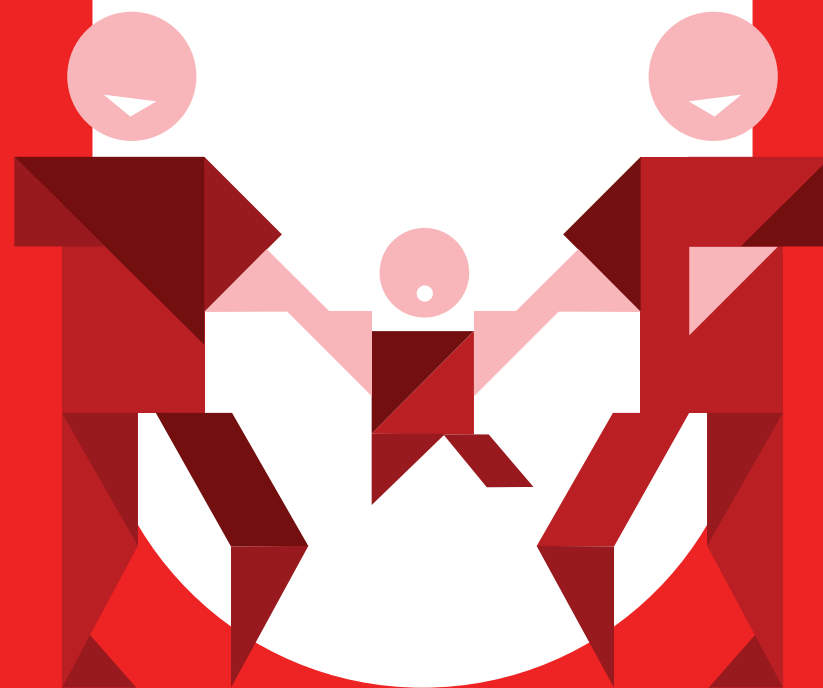
Creativity, fun, thrills and fresh mountain air - here you'll find everything you need for an unforgettable adventure. Experience the Hannigalp from a completely new perspective and immerse yourself in a captivating adventure that is guaranteed to thrill you!

Tip: Want to save your energy? Then use the SiSu & Friends or fairytale gondolas on the Hannigalp cable car for the ascent and descent.

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